

## Recommendations for the Post-procedure Use of Oxygenetix

**Please note that any recommendations in this document are completely left to the discretion of the individual physician to use as he or she determines appropriate. Oxygenetix or Biophora do not assume the medical authority to impose protocols, but will present a number of different options from various medical professionals who, from their own experience, have suggested steps that have worked within their practice. It is up to you as a medical professional to direct your staff on your preferred method of application/use of Oxygenetix Moisturizer and Breathable Foundation.**

### Oxygenetix Post-laser Protocol

By Dr. Jon Grazer

The post procedure protocol for use of Oxygenetix after a highly ablative laser procedure is to apply Oxygenetix as a protective mask. You can cover the entire face (and neck if treated) by layering the foundation multiple times until the entire area treated has been coated/covered completely with the product.

This application serves a dual purpose in that it provides the skin with a physical concealer to greatly reduce or eliminate the redness and edema for a more aesthetically appealing look, but in addition to that it will aid in the skin's recovery and healing process to help ensure a more favorable final result.

The patient should return to the office 48 hours later for the physician's office to clean the skin and remove the Oxygenetix post peel protective mask. The patient can then use Oxygenetix daily to continue to receive the makeup coverage and post procedure healing benefits.

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*(Please note that after **Laser Resurfacing/Ablative**, some physicians will elect to wait 48 hours before using Oxygenetix. They may choose to apply a protective occlusive ointment for the first 48 hours to protect the skin during its traumatized state followed by vinegar and water soaks every hour to every few hours (8 soaks per day typically) for up to 5 days. The face may be sponge bathed with vinegar and water soaks, and then the occlusive reapplied after each soak. Some doctors will suggest that the occlusive be applied in a thick layer after each soak and after the first 48 hours, the Oxygenetix Moisturizer can take its place. After this period whether the physician recommends either an occlusive or the Oxygenetix Moisturizer, it's best not to combine them together to avoid disrupting the breathability of Oxygenetix and its healing factors. Oxygenetix Foundation can then be applied directly following either application of the Oxygenetix Moisturizer or occlusive. Suggested application is with a clean sponge used with a gentle stippling technique to layer the product for best coverage and to avoid upbraiding the skin. On day 6 the patient can return to her normal skincare regime and makeup application, however Oxygenetix Foundation is an ideal everyday product choice especially if flaking persists and until the skin is back to normal. This can take upwards of one month on patients over 55 (slower healing process).*

### Vi Peel with Oxygenetix Protocol

#### Day One

Apply Peel as directed. Immediately apply oxygenetix foundation with glove and pat in.

PM: Cleanse face and pat thoroughly dry. Use the first post peel towelette over entire peel area with more aggression over target areas until dry. Wait 15 min., and then mix hydrocortisone with oxygenetix moisturizer over entire peel area. 50% mix

## **Day Two**

AM: Cleanse face and pat thoroughly dry. Apply hydrocortisone and oxygenetix moisturizer to entire peel area. Apply oxygenetix foundation to entire peel area. Apply 2-3 times a day as needed.

PM: Cleanse face and pat thoroughly dry. Use the second post peel towelette over the entire peel with aggression over target areas until towelette is dry. Wait 15 min., mix hydrocortisone with Oxygenetix Moisturizer over entire peel area. 50% mix.

## **Day Three**

AM: Cleanse face and pat thoroughly dry. Apply hydrocortisone and Oxygenetix Moisturizer to entire peel area. Next, apply Oxygenetix Foundation over entire peel area. Apply 2-3 times a day as needed.

PM: Cleanse face and pat thoroughly dry. Apply hydrocortisone and Oxygenetix Moisturizer. Continue this routine throughout the peeling process. Apply hydrocortisone and oxygenetix moisturizer with foundation 2-3 times a day until skin has returned to normal.

## **General Post-laser Recommendations**

Compiled by Natalie Hashka: Medical Aesthetician, Laser Technician, based on observation with working with various physicians.

### **Laser Hair Removal:**

Oxygenetix Breathable Foundation can be applied directly post treatment on patients to camouflage erythema (redness) once an SPF 30 has been applied to the skin. It can be applied following the procedure if the patient is still red and requires camouflage, however most patients' side effects will subside within 24 hours.

### **IPL:**

Oxy can be applied directly post treatment on patients after proper moisturizer (Dermarich/ Oxygenetix Moisturizer) and SPF 30 have been applied. It is suggested that the patient use one of the above moisturizers (as needed for dryness/crusting or at least morning and night) and camouflage makeup for a minimum of 48 hours following the procedure to a maximum of 10 days. It will help with redness, inflammation, heat, flaking, crusting and general discomfort.

### **Skin Tightening:**

Oxygenetix should be applied directly post-procedure. The proper application of aloe or Oxygenetix Moisturizer and SPF will help with heat and erythema (redness). Typically redness will peak on the day of this treatment or as the day progresses. Some patients may bruise from this treatment depending on the technology used. Oxygenetix can help camouflage redness, bruising and subside the feeling of heat. This should be used for a minimum of 48 hours to a maximum of 2 weeks. Darker skin types will stay red for a longer period of time following this treatment. It is suggested to apply ice on and off repeatedly with this treatment for the first 24 hours or day of. The Oxygenetix moisturizer can be applied instead of the typical aloe that is recommended following this treatment in conjunction with icing (Oxygenetix Moisturizer can be applied morning and night, and after icing if needed if the skin feels tight/parched).

### **Alexandrite Laser for Spot Treatment of Sun Spots (Not IPL):**

Oxygenetix Moisturizer should be applied directly post-treatment followed by an appropriate SPF 30. Camouflage makeup can be applied if needed and will help even out any temporary uneven complexions. Most patients will experience a darkening of the lesion(s) with mild redness. It is suggested that patients continue to apply the Oxygenetix Moisturizer for the next 2-10 days to help with the sloughing process (hydrating the lesion to encourage sloughing and proper healing). Oxygenetix Foundation may be worn for a minimum of 48 hours up to 2 weeks.

### **ND YAG Laser for Rosacea Treatments or "Laser Facials":**

Oxygenetix Moisturizer and Foundation should be applied directly post-treatment to help with any mild diffused redness induced from the heat of the laser. There is minimal downtime with this procedure. The foundation and moisturizer would help greatly with the mild heat experienced with this treatment. It's recommended that Oxygenetix Moisturizer and Foundation be applied on the day of this treatment prior to your patient leaving the office.