

## **Medically Supervised Skin Care Programs Frequently asked Questions**

**1. Q: What makes Biophora different than other cosmetic or medical skin care lines?**

**A:** Biophora is a line of medical skin care that is used only under the supervision of a physician. It is not sold over the internet or in retail outlets other than doctors' offices. It is considered a "conservatively aggressive" line in that the treatments and protocols require little or no down time while still providing visibly improved results for normal/aging skin, acne prone and sensitive/dry skin. Its formulations are effective in the treatment of rosacea, hyperpigmentation and active acne conditions. Biophora contains medical grade active ingredients, the pH of which is lower than over the counter products making them more aggressive than drug or department store lines. The source of any minimal scent contained in the product is the highest quality essential oil, known either for its healing or medicinal property.

**2. Q: What skin conditions do Biophora products and treatments address?**

- a. Aging skin
- b. Free radical damage
- c. Fine lines
- d. Acne
- e. Blackheads / whiteheads
- f. Hyperpigmentation
- g. Enlarged pores
- h. Rosacea
- i. Sensitivity / flakiness / dryness

**3. Q: What is the main treatment goal or skin care philosophy of Biophora?**

**A:** Biophora's use of lactic, glycolic and salicylic acids release accumulated dead skin cells, clearing debris from the pores allowing for clearer, healthier and more youthful appearance of the skin. This process of controlled and gentle "injuring" of the skin stimulates its healing response and activates cell renewal while preparing the skin to absorb products which encourage the body's own collagen production. These formulations also prepare the skin to receive Biophora's active ingredients, nutrients and anti-oxidants, essential in the nourishment and healing of the skin.

**4. Q: How does the Biophora system work?**

**A:** A personalized consultation with a trained Biophora Technician will determine the exact protocol that will ensure safe and effective results. The Biophora system consists of a two-part program including home care products and clinical in-office treatments, performed by a Biophora Technician or a physician. Approximately 60% of the results come from daily home care product use and 40% from in-office clinical treatments.

**5. Q: What results are expected from the use of the Biophora line?**

**A:** Daily use of the Biophora products will improve the texture, evenness of skin tone, reduce the appearance of fine lines as well as calm or arrest most acne conditions. Biophora clinical treatments performed in-office will greatly accelerate your results, as well as enhance your daily skin treatment protocol. The accumulation of dead skin cells on the most topical layer of the skin contributes to a dull appearance, uneven texture, bacteria formation, and in turn, most acne conditions. Biophora clinical treatments, consisting of cosmeceutical and physical exfoliation, will allow for a more vibrant, refined texture and improved clarity of the skin.

**6. Q: How does Biophora address hyperpigmentation?**

**A:** Hyperpigmentation is a difficult skin condition to treat, however the Biophora system includes products containing active ingredients such as Kojic acid, Arbutin, Waltheria Indica, and Licorice Extract; skin lighteners and melanin suppressors that assist in improving the condition. One's physician may also write a prescription which may help to augment the Biophora treatment. The use of Biophora Daily Protection SPF30 or Tinted Mineral SPF30 is essential to minimize the production of melanin which is responsible for these sun or "age" spots. SPF use is considered an integral and mandatory step during the course of any Biophora treatment program.

**7. Q: How was the Biophora medically advanced system developed?**

**A:** The Biophora system has been created in collaboration with chemists, cosmetic plastic surgeons, anti-aging specialists, and naturopathic doctors to produce a state-of-the-art product line and protocols, designed to make skin science and maintenance simple for the patient. The input of hands-on medical aestheticians has also been instrumental in the evolution of Biophora products and protocols. Clinically advanced and natural ingredients that challenge and promote cell renewal have been specifically formulated for Element Exposed/Normal, Acne/Oily, Sensitive/Dry skin types and any combination thereof.